

Colonial Swim League Concussion Training

The CSL (Colonial Swim League), which the Ashburn Farm Barracudas Swim Team is a member of, is required by its insurance provider to provide concussion injury information and training to all parents and athletes. Parents need to review the information and complete this training.

Please use this link to complete the Concussion Training. Be sure to scroll down to find the parent training. <https://www.cdc.gov/headsup/youthsports/training/index.html>

Once the season begins, this important information can also be found at www.ashburnfarmbarracudas.org under the Documents tab.

I acknowledge that I have been provided with the Concussion Training link during registration and will use the link to complete the training for the upcoming season.